



# The Hub Dental Practice



## Periodontal Treatment and Examinations

### Our Periodontal Team

Dr Giovanni Marras, Dr Monica Cueva Moya and Dr Ezgi Cilingir offer a full range of periodontal treatments, and are available between them 7 days a week including weekends.

Their expertise covers all aspects of periodontal care and management, and gum surgeries. We have created a great team of extremely approachable clinicians with years of experience in both teaching dental students and fellow professionals.



Our Team has extensive experience in treating advanced gum disease in the UK; including all the major surgical procedures including Regenerative Procedures, Graft Surgery, Conservative Resective Surgery and Crown Lengthening.

### Full Periodontal Examination

At your first appointment with your dentist, the aim is to appreciate your main concern and to offer you the best possible treatment that adapts to your needs.

We will need to carry out a medical history and a thorough assessment of your teeth, gums and oral tissues (1hour). We will take the appropriate digital radiographs (extra charges apply) as needed.

Once we have gathered all the information, we will discuss with you what are the causes of gum disease, your treatment options, the duration of treatment and its costs. In more complex cases, we may need a free second visit for a more detailed discussion.

**A detailed report with our findings will be done and sent to you. This will also include your treatment plan and costs.**

Your dentist's main area of expertise is the diagnosis and treatment of gum disease; they will Endeavour to make your visit as comfortable as possible and answer any possible concerns that you have.

### Periodontal Surgery Choices:

#### Regenerative Procedures

Your dentist may recommend a regenerative procedure when the bone supporting your teeth has been destroyed due to periodontal disease. These procedures can reverse some of the damage by regenerating lost bone and tissue.

During this procedure, the dentist folds back the gum tissue and removes the disease-causing bacteria. Membranes (filters), bone grafts or tissue-stimulating proteins can be used to encourage your body's natural ability to regenerate bone and tissue.

Eliminating existing bacteria and regenerating bone and tissue helps to reduce pocket depth and repair damage caused by the progression of periodontal disease.

With a combination of daily oral hygiene and professional maintenance care, you'll increase the chances of keeping your natural teeth – and decrease the chances of other health problems associated with periodontal disease.



#### Crown Lengthening

Before, During and After Crown Lengthening

Crown lengthening is a procedure that re-contours the gum and often the underlying bone surrounding one or e teeth so that an adequate amount of healthy tooth is exposed. This procedure is prescribed by your in order to fit a proper crown or filling.

Crown lengthening provides the necessary space between the supporting bone and the new restoration, preventing it from damaging your gum tissues and bone.

This procedure can also be used to improve a "gummy" smile where the teeth appear short because of excessive

gum tissue.

Select areas of gum tissue can be removed to expose more of your natural tooth and improve the look of your smile.

## Soft Tissue Graft Surgery

Exposed tooth roots are the result of gum recession. Gum graft surgery will repair the defect and help to prevent additional recession and bone loss.

Gum grafts can be used to cover roots or develop gum tissue where absent due to excessive gingival recession.

During gum graft surgery, the dentist takes gum tissue from your palate or another donor source to cover the exposed root.



This can be done for one tooth or several teeth to even your gum line and reduce sensitivity.

### What are the benefits of gum graft surgery?

A gum graft can reduce further recession and bone loss.

In some cases, it can cover exposed roots to protect them from decay. This may reduce tooth sensitivity and improve esthetics of your smile.

Whether you have a gum graft to improve function or esthetics, patients often receive the benefits of both: a beautiful new smile and improved periodontal health.

These are the keys to smiling, eating and speaking with comfort and confidence.



## Conservative Resective Surgery

The surgery is performed under local anaesthesia. There is no pain during the procedure and patients are often awake.

For anxious patients, sedation may be considered.

The gum tissue is cut and pulled away from the teeth, allowing the dentist to remove the plaque that has adhered the roots of the teeth.



before

after

to

This procedure sounds and feels like a deep cleaning.

The bone is then gently reshaped to eliminate pockets and the gum tissue is put back in place.

At the end of the procedure, stitches will be placed.

## Dental Fees

We want our fees to be as transparent as possible so apart from Treatments we have fixed costs (examination x-rays etc.)

### Service

### Fee

Examination (60 minutes with Dr Marras and Dr Cueva Moya)

£95

Examination (60 minutes with Dr Cilinger)

£155

Non-surgical periodontal debridement

from £300 per quadrant

Reassessment (30 minutes)

£95

Surgical periodontal treatment

from £450

Small X-rays

£9 each

Large X-rays

£35 each

3D CT Scan X-rays

£95 each