



Love Your Smile

# The Hub Dental Practice

775 Witan Gate, Central Milton Keynes MK9 2FW



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01908 690326 reception@TheHubDentalPractice.com www.TheHubDentalPractice.com

Dr David Gilmartin,  
Dr Kamilah Makda  
Dr Chivani Tailor,  
Dr Ivo Zdravkov,  
Dr Allen Betsis,  
Dr Etienne Deysel, Sedationist

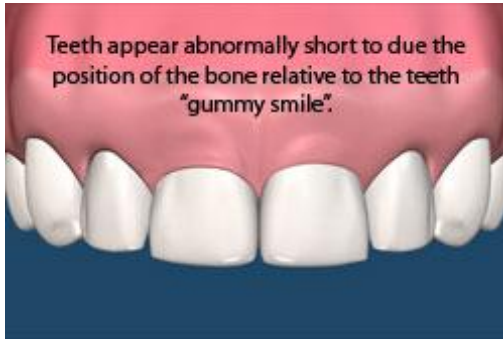
Dr Aaron Lopez, Specialist Periodontist  
Dr Monica Cueva Moya, SI Periodontics  
Dr Gulelala Azhar, SI Restorative,  
Dr Giovanni Marras, PLT Periodontics  
Miss Sam Singleton, Practice Manager  
Mrs. Nur Gilmartin, Dental Hygienist

Dr Alvaro De Castro Torres, SI Dental Implants & RCT  
Dr Konstantinos Tzamalass, Specialist Orthodontist  
Dr Iyad Abou-Rabii, PLT Dental Implants & Oral Surgery  
Dr Ezgi Cilingir, PLT Dental Implants & Periodontics  
Dr Jonathan Harper, PLT Endodontics  
Dr Jaime De Castro Torres, SI Dental Implants

## Crown Lengthening

*Photograph showing a "gummy smile" before esthetic crown lengthening was performed.*

*Photograph showing the same patient with a more full and bright smile following an esthetic crown lengthening procedure.*



This leaflet has been designed to explain what crown lengthening surgery involves and it contains answers to many frequently asked questions. If you have any other questions that the leaflet does not answer, or if you would like further information, please ask us.

### What is crown lengthening surgery?

Crown lengthening surgery is a surgical procedure carried out to lengthen the tooth or remove excess gums from around the tooth, in order to allow sufficient space for a dental crown to be fitted. It is also sometimes done in order to achieve aesthetics in cases where gum line is not even or when the patient is showing too much gums (gummy smile).

### What is involved in the procedure?

This minor procedure is carried out under local anesthetic and involves:

- Raising a flap of gum around the tooth/teeth being treated.
- Removing bone and/or gum to expose more of the tooth/teeth.
- Closing the gum with stitches, which will need to be removed in 5-7 days.

### **Will the procedure be successful?**

Crown lengthening is generally a predictable way of exposing more of your tooth but a successful outcome cannot always be guaranteed. Occasionally, due to unforeseen circumstances, your surgeon may discover that the surgery is not possible once the gum flap has been raised. This would mean that the treatment plan would need to be changed. Occasionally further surgical procedures are necessary as a follow-up to the initial surgery. This will be explained to you by your dentist.

### **What are the risks involved with this procedure?**

The risks associated with crown lengthening surgery include, but are not limited to:

- *Pain and discomfort* during and after the surgery.
- Damage to adjacent teeth and structures.
- Altered sensation /numbness if the nerves in the region are stretched or damaged.
- Post-operative pain, swelling, bruising, bleeding and infection.
- Post-operative sensitivity of teeth at the surgical site is a common problem but this usually settles in a matter of weeks.
- The gum may grow back, which means there might be a need to redo the procedure.

### **How long does the surgery take?**

- Your surgical procedure should take no longer than 1- 2 hours.
- The whole process- from your initial consultation to the fitting of your restorations will take several months of appointments.

### **Will I feel any pain?**

Prior to the surgical procedure you will be given local anesthetic so you will not feel any pain, maybe a bit of discomfort.

### **What about after care?**

You should plan to rest for the remainder of the day. If you are a smoker, it is best that you refrain from smoking on the day of surgery and for a few days afterwards.

Smoking does affect the prognosis of this procedure and may cause failure.

A full list of post-operative instructions will be explained and given to you after your surgery has been completed.

### **Dr Gul-E-Lala Azhar.**

Gul is a very experienced dentist, who has not just a special interest in cosmetic dentistry, but has postgraduate qualifications and degrees to show her commitment and achievements.

Gul has extensive experience in cosmetic makeovers and it currently studying and taking courses that are on the pathway to Dental Specialist Status.

MFDS RCSEd Membership of the Faculty of Dental Surgery  
Royal College of Edinburgh.

Masters of Medical Science (MMedSci) in Restorative  
Dentistry- University of Sheffield.

The course had emphasis on Adhesive dentistry and treatment of severe tooth wear, complex cosmetic veneer cases, full mouth rehabilitations, and cosmetic procedures.

The course was under the supervision of Dr Simon Northeast and Dr Nicholas Martin.

