



Cambridge Dental Hub



Love Your Smile

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Post-Op Instructions: After Receiving Crown Treatment

If you have received this sheet, it is because you had root canal therapy performed today.

Here are some instructions to make sure you take care of your tooth properly.

1. Sometimes root canals are done in one appointment. Other times they are done over two visits. Dr. Gilmartin will let you know if your root canal was finished today, or if you need a return visit.
2. If you need a return visit, it is important to the success of the therapy that it is within the timeframe that is recommended (generally 7-10 days).
3. If your root canal was not completed in the first visit, your tooth has a temporary filling in it.
4. Be gentle with this tooth in this interval as it is quite brittle.
5. If you have had an injection you may eat when the numbness wears off (1.5-2 hrs), but be very gentle with the tooth that was worked on.
6. You may want to consider mainly chewing on the other side until your tooth is completed.
7. If your tooth was in pain prior to starting the treatment, it may take a few days for the tooth to heal and be relieved. Give the Root treatment a chance to work.
8. If your tooth was not in pain prior to beginning treatment (likely because the tooth was abscessed or had a deep cavity that had not begun to hurt yet), your tooth may be quite sore for a few days after the appointment. This will be alleviated with time, it may take as much as a week-ten days.
9. If we have given you some antibiotic please take the antibiotic to completion per the directions. Antibiotics have to be in your system for a specified amount of time to be successful. If you stop taking it before the prescription states, your tooth may become infected.
10. If you have received antibiotic please follow the instructions.
11. If your root canal was done on a back tooth (a premolar/bicuspid tooth, or molar) and it did not already have a dental crown/cap on it, it is vital to the success of your tooth to have a dental crown/cap done as soon as possible after the root canal completion.
12. Teeth that have had root canal become very brittle and without a crown to strengthen them, are at a high risk to fracture and break. Sometimes this can lead to the tooth needing to be extracted.
13. It is most important that you contact the surgery if there is any problem after the Root canal treatment has been started or completed. Problems to look for include pain, swellings, discharges, broken restoration ... Indeed anything!!
14. Like almost all dental treatment Root canal treatments will usually eventually fail but can last a long time with proper care including regular examinations and effective personal dental hygiene. However, like any man made material, it will wear out with time and need replacement.



Emergency visits can be arranged by calling the practice, and we can normally give you a same day appointment.

REMEMBER if you have an emergency and you can't contact us and it involves

Swelling effecting the throat, tongue or airway;

Blockage effecting the throat, tongue or airway;

Rashes anywhere on your body after treatment

Rashes anywhere on your body after taking medication

Severe pain

Bleeding that does not stop with pressure

Bleeding that continues for more than 2 hours after treatment

Bleeding that worries YOU

Then call 111 or GO TO CASUSLTU STRAIGHT AWAY