



Cambridge Dental Hub



Love Your Smile

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Introduction: DURAPHAT 5000 AND DENTAL CARIES

Why do I need Duraphat 5000?

Your dental professional has decided that you would benefit from using toothpaste containing a higher level of fluoride than ordinary toothpaste.

Clinical studies indicate that certain people who are at a higher risk of tooth decay can derive additional benefits from the daily use of Colgate Duraphat 5000ppm fluoride toothpaste.

What is Colgate Duraphat 5000?

Colgate Duraphat 5000ppm fluoride toothpaste is a high fluoride toothpaste for use at home providing protection against tooth decay

Who can benefit from using Colgate Duraphat 5000?

Colgate Duraphat 5000ppm fluoride toothpaste is suitable for adults and children over 16 years of age who may be at risk from tooth decay including patients with:

- Active tooth decay or a history of tooth decay
- Exposed root surfaces
- High sugar diets
- Orthodontic appliances
- Dry mouth

How does Colgate Duraphat 5000 work?

The fluoride in Colgate Duraphat 5000ppm fluoride toothpaste can both help to reverse decay in the early stages and strengthen teeth to prevent decay. Fluoride works in several ways to:

- Reduce the formation of plaque acids
- Prevent mineral loss caused by plaque acid
- Promote remineralization of early decay

How should I use Colgate Duraphat 5000?

Use Colgate Duraphat 5000ppm fluoride toothpaste instead of regular fluoride toothpaste, brushing three times daily.

Where can I buy Colgate Duraphat 5000?

Colgate Duraphat 5000ppm fluoride toothpaste can only be prescribed by a dentist. It is not available in shops or over the counter at chemists.

What else could I do to prevent decay?

- Try to avoid sugary foods, especially between meals
- Maintain good plaque control
- Visit your dentist regularly

